

Free from Cozy Colours

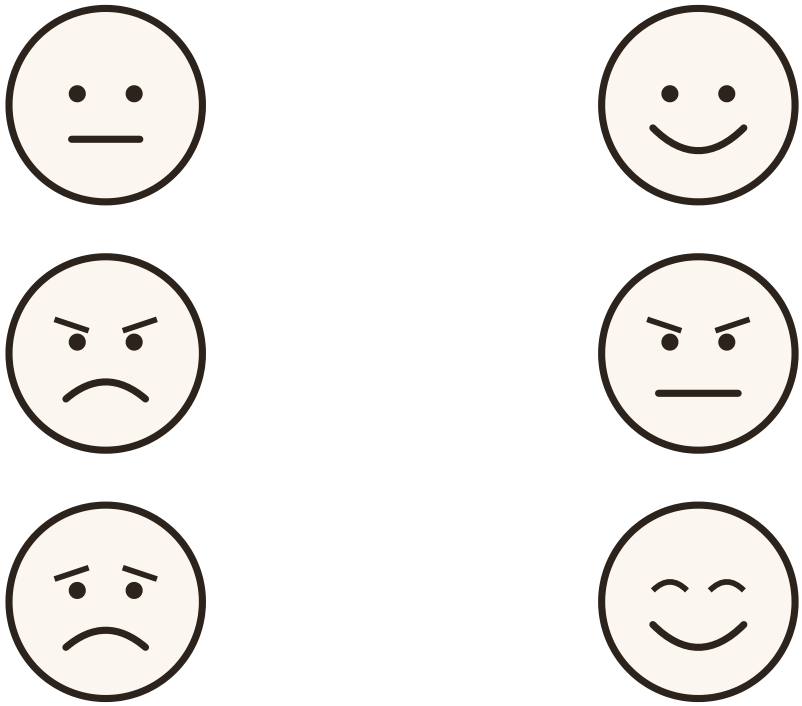
A little look inside

Three pages from Every Brain is Brilliant. The full pack has 50 different pages.

- Print them, colour them, skip any of them
- The rest of the pack is at cozycolours.co.uk

Feeling faces

Draw a line from each face to its word.

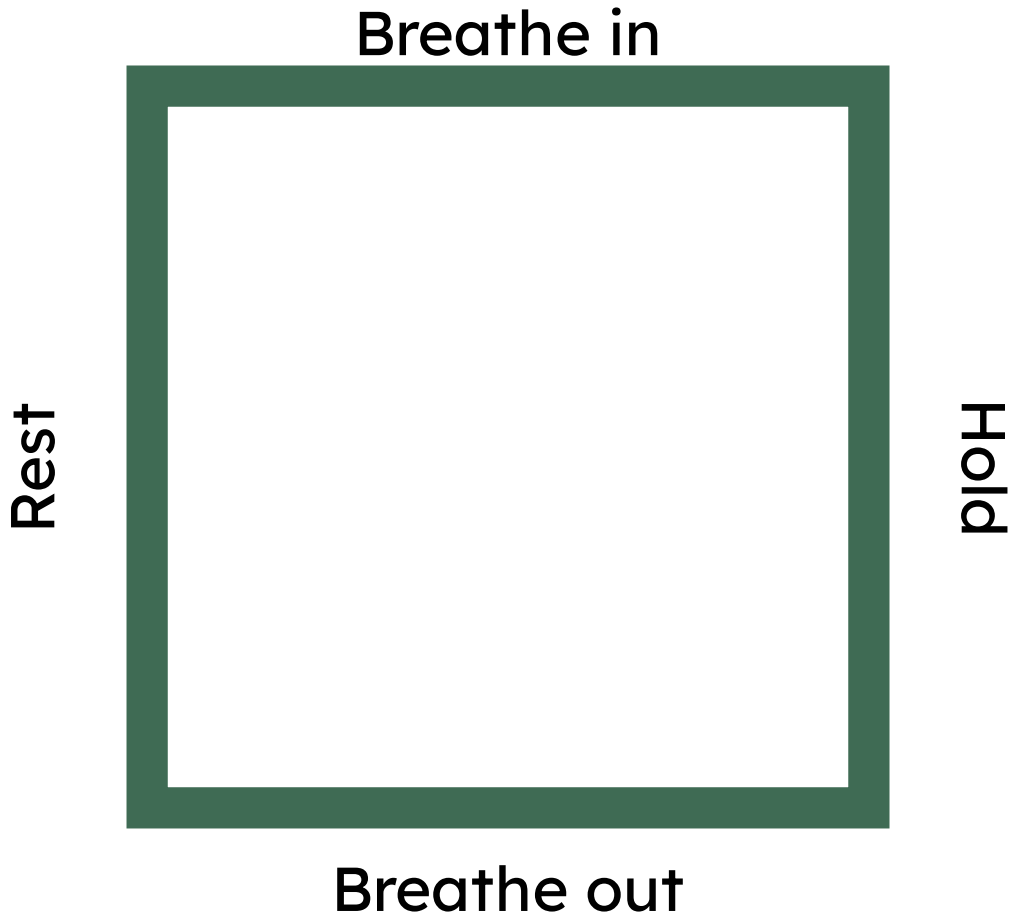


Calm · Glad · Worried · Cross · Sad · Proud

From Every Brain is Brilliant. The full 50-page pack is at cozycolours.co.uk.

Window breathing

Trace the window three times. In along the top, hold down the side, out along the bottom, rest up the last side. Stop if you feel dizzy.



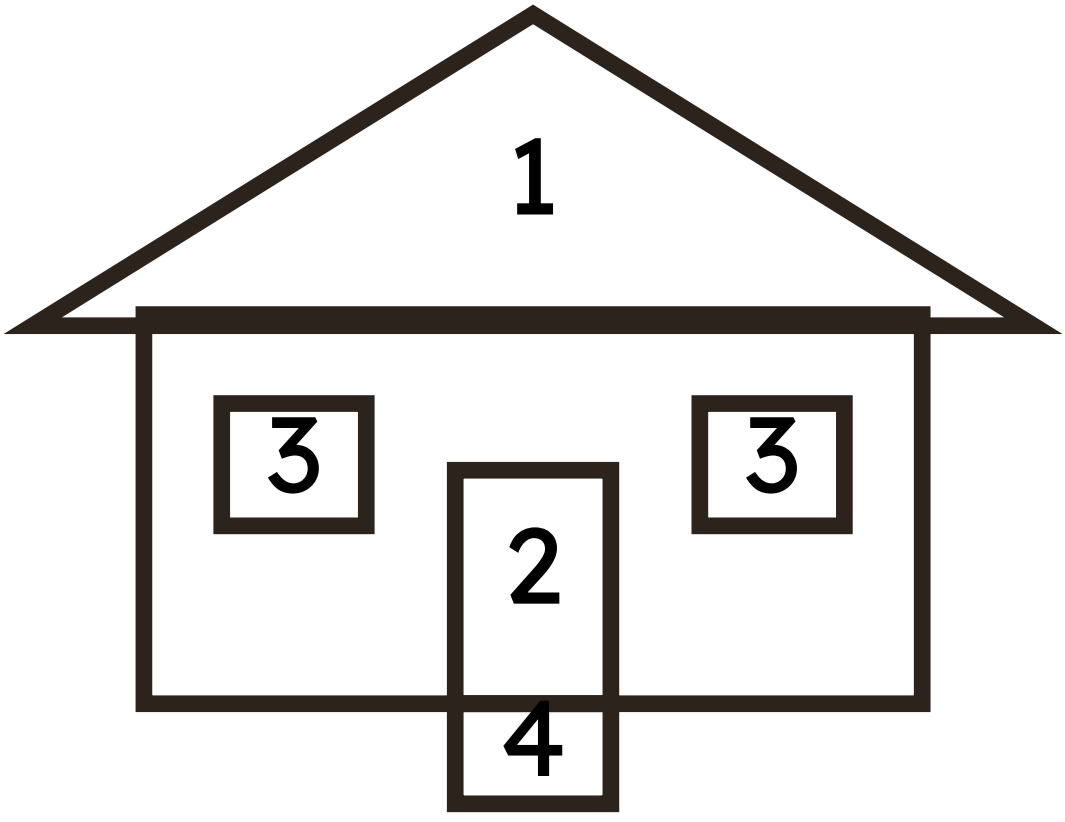
If holding your breath feels bad, just breathe in and out.

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Cottage by number

Colour each shape to match its number.

1 Roof 2 Door 3 Windows 4 Path



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